

### Marriage and Family Therapy Track

8:00 a.m. to 9:00 a.m.	<b>Navigating Through the Distance: How to Counsel Clients in Long Distance Romantic Relationships</b> By Sherry Craft, LPC
9:15 a.m. to 10:45 a.m.	<b>Understanding and Applying the Science of Love</b> By Mark Young, Ph.D, LMFT with Rheanna Kaley & Jocelyn Ribar
11:00 a.m. to 12:00 p.m.	<b>Eating Disorders: A Family Affair</b> By Krista Crotty
2:15 p.m. to 3:45 p.m.	<b>Working with Alternative Relationships Styles: Polyamory</b> By Kristen Knapick
4:00 p.m. to 5:00 p.m.	<b>Turning in; Turning Out: How Families Describe their Experience with Technology and implications for Counselors</b> By Susan Perkins and Melodie Galyen

### School Counseling Track

8:00 a.m. to 9:00 a.m.	<b>Self Compassion: A protective Factor for the Retention for First-Generation College Students</b> By Laura Preciado
9:15 a.m. to 10:45 a.m.	<b>Grit, Gratitude and Gumption: Instilling Capacity for Student Success</b> By Lisa Bennett, Ph.D, Ashely Roth, MA, NCC, LMHCA, Jennifer Cataldi, MA, NCC and Mark Young, Ph.D.
11:00 a.m. to 12:00 p.m.	<b>Common Roots, Strong Branches: How to Grow Your Tree of Faculty Allies</b> By Sarah Werkman
2:15 p.m. to 3:45 p.m.	<b>Identifying Individual Strengths: The Dependable Strengths Articulation Process</b> By Allen Bovin-Brown and Sandra Meggert, Ph.D
4:00 p.m. to 5:00 p.m.	<b>Supporting Students with Mental Health Needs</b> By Adriana Wissel and Michelle Ghoston, Ph.D

### Child and Adolescent Track

8:00 a.m. to 9:00 a.m.	<b>Working with Caregivers in the Play Therapy and Child Counseling</b> By LeAnne Steen and Thomas Foster
9:15 a.m. to 10:45 a.m.	<b>Childhood/Adolescent Suicidality: What Parents and Counselors Need to know</b> By Randi Jensen
11:00 a.m. to 12:00 p.m.	<b>Integrated Practice in Stress Management for Adolescents and Young Adults</b> By Terry Schwartz
2:15 p.m. to 3:45 p.m.	<b>What is Play Therapy Anyways: The Nuts and Bolts of Using</b>

	<b>Child-centered Play Therapy</b> By Rebecca Rudd, Ph.D., LMFT, LMHC
4:00 p.m. to 5:00 p.m.	<b>Parenting Teenagers with mental Health Issues, Chronic Mental Issues and or Substance Abuse: What Every Parent Needs to Know</b> By Jennifer Gross

Professional Development + Private Practice

8:00 a.m. to 9:00 a.m.	<b>Social Media 101: Hot to Use Social Media Ethically to Grow Your Professional Reputation, Your Business and Your Income</b> By Miranda Palmer
9:15 a.m. to 10:45 a.m.	<b>Creative Humor at Work</b> By Sandra Meggert, Ph.D
11:00 a.m. to 12:00 p.m.	<b>Cultural Broaching: Moving Cultural Sensitivity from Just a Keen Idea to Effective Integration in Practice</b> By Jeff Penick
2:15 p.m. to 3:45 p.m.	<b>Developing a Strong Root System for Your Practice: A Therapist's Guide to Business Expenses</b> By Sandy Voit
4:00 p.m. to 5:00 p.m.	<b>Enhance Your Intervention Skills: A Practical Guide to Routine Outcome Monitoring and Collaborative Feedback</b> By Daniel O'Rourke, Corey Fagan, Ph.D and Paige Peterson, BA.

Counselor Education + Supervision

8:00 a.m. to 9:00 a.m.	<b>Law &amp; Ethics of Clinician Self-Care for Washington Mental Health Professionals</b> By Eric Strom
9:15 a.m. to 10:45 a.m.	<b>Supervision with Interns and New Counselors</b> By Teresa Wright
11:00 a.m. to 12:00 p.m.	<b>Appearances are Deceptive: What You See May Not Be What You've Got</b> By Harriet Cannon, Rhonda Berlin
2:15 p.m. to 3:45 p.m.	<b>Live Supervision: Teaching counselors to reflect-in-action</b> By Mark Young, Ph.D., LMFT
4:00 p.m. to 5:00 p.m.	<b>Finding Their Voice: The Impact of Budget Cuts on Recovery for Consumers of Community Mental Health</b> By Ellen Caruth, Jaime White and Susie Kroll

Clinical Mental Health Counseling Track

8:00 a.m. to 9:00 a.m.	<b>When in Doubt Be Human</b> By Michael Kahn, LPC, JD
9:15 a.m. to 10:45 a.m.	<b>Effectively Counseling Clients Experiencing Grief and Loss</b> By, Michael Kahn, LPC, JD
11:00 a.m. to 12:00 p.m.	<b>Humanistic Assessment: Dignity in a World of Pathology</b> By Katie Kapugi and Colin Ward, Ph.D
2:15 p.m. to 3:45 p.m.	<b>Psychopharmacology for Counselors</b> By Lisa Bennett, Ph.D, Ashley Roth, MA, NCC, LMHCA, Hannah Reidy, MA, NCC and Bill Bennett, MD
4:00 p.m. to 5:00 p.m.	<b>Counseling Adults through Attachment Lenses: Theory and Technique</b> By Lisa Bennett, Ph.D., Amanda Beal, Ph.D, MFT